



Collar
Measure around neck base where shirt fits

Bust
Measure under the arms at the fullest point around the bust horizontally.

Waist
Measure around the natural waistline.

Hips
Measure at the fullest part

Inseam
In bare feet take the measurement from the inside leg and measure down the inside leg to the floor.

How to Measure Yourself

- Measure yourself on your bare skin, not over clothes.
- Measure yourself parallel to the ground.
- It is also important that you breathe in a relaxed manner and do not hold your breath.

Jeans/ Trousers/ Shorts/ Sweatpants
International Conversions

SIZE	TR	EU	UK	US	FR	IT	RU
XS	38	38	28	28	38	38	44
			29	29			46
S	40	40	30	30	40	40	46
			31	31			48
M	42	42	32	32	42	42	48
			33	33			50
L	44	44	34	34	44	44	52
XL	46	46	36	36	46	46	54
2XL	48	48	38	38	48	48	56
3XL	50	50	40	40	50	50	58
3XL	52	52	42	42	52	52	60

Shirt/ T-Shirt/ Sweater
International Conversions

TR	SIZE	EU	UK	US	FR	IT	RU
XXS	XXS	XXS	33-34	33-34	XXS	XXS	XXS
XS	XS	XS	35-36	35-36	XS	XS	XS
S	S	S	37-38	37-38	S	S	S
M	M	M	39-40	39-40	M	M	M
L	L	L	41-42	41-42	L	L	L
XL	XL	XL	43-44	43-44	XL	XL	XL
2XL	2XL	2XL	45-46	45-46	2XL	2XL	2XL
3XL	3XL	3XL	47-48	47-48	3XL	3XL	3XL

Blazer International Conversions  

SIZE	TR	EU	UK	US	FR	IT	RU
XXS	44	44	26	26	44	44	42
XS	46	46	28	28	46	46	44
S	48	48	30	30	48	48	46
M	50	50	32	32	50	50	48
L	52	52	34	34	52	52	50
XL	54	54	36	36	54	54	52
2XL	56	56	40	40	56	56	54
3XL	58	58	42	42	58	58	56

Body Measurements 
Jeans/ Trousers/ Shorts/ Sweatpants

SIZE	WAIST CM	HIPS CM	STANDART CM	SHORT CM	LONG CM
XXS	72-76	90-94	81	71	85
XS	76-80	94-98	81	71	85
S	80-84	98-102	81	71	85
M	84-88	102-106	81	71	85
L	88-92	106-110	81	71	85
XL	92-98	110-116	81	71	85
2XL	98-106	116-122	81	71	85
3XL	106-114	122-130	81	71	85

Body Measurements Shirt/ T-Shirt/ Sweater

SIZE	BUST CM	COLLAR CM	WAIST CM
XXS	88-92	33-34	72-76
XS	92-96	35-36	76-80
S	96-100	37-38	80-84
M	100-104	39-40	84-88
L	104-108	41-42	88-92
XL	108-114	43-44	92-96
2XL	114-122	45-46	96-100
3XL	122-130	47-48	100-104

Boxer

SIZE	WAIST CM	HIPS CM	STANDART CM
XXS	72-76	90-94	8-10
XS	76-80	94-98	8-10
S	80-84	98-102	8-10
M	84-88	102-106	8-10
L	88-92	106-110	8-10
XL	92-98	110-116	8-10
2XL	98-106	116-122	8-10
3XL	106-114	122-130	8-10